

Invitation and Program

Scientific and artistic Symposium 'Genees & Kunst 18' (G&K18)

Dutch Performing Arts Medicine Association (NVDMG)

Medical Center for Dancers and Musicians (MCDM)

Haaglanden Medical Center (HMC)

Thursday, March 29th, 2018, 'Lourdeskerk', Scheveningen.

The Dutch Performing Arts Medicine Association (NVDMG) organizes its 18th 'Genees & Kunst' symposium (G&K18) on Thursday, March 29th, 2018, in the 'Lourdeskerk' in Scheveningen, in close collaboration with the Haaglanden Medical Center (HMC) and the Medical Center for Dancers and Musicians (MCDM) for the occasion of the 25th anniversary of the MCDM in HMC Westeinde.

Injured dancers and musicians from all over the country consult the MCDM, which, in addition to patient care and cure, is active in education, training and scientific research. Since the recent PhD thesis of MCDM director dr.A.B.M.(Boni) Rietveld '*Performing Arts Medicine*' is firmly embedded in academia in the Netherlands.

The location is chosen since it is the home of the special Easter-dance performance "Last 7 Words" of the Dutch Don't Dance Division (DeDDDD). Besides, Scheveningen celebrates its 200th anniversary as the seaside resort of The Hague.

For the first time, NVDMG not only promotes Performing Arts Medicine (the care and cure for injured dancers and musicians), but also focuses on 'Music as Medicine' and 'Dance for Health'.

The Symposium is open to everyone, in particular doctors, psychologists, (movement and other) scientists, allied health care providers and, of course, dancers and musicians.

Program Subject to changes. 5 minutes of discussion after each presentation

09.30 - 10.30

Registration

10:30

Official opening

Symposium-chairman:

Dr.S.(Saskia) Haitjema, MD, PhD

11.00 – 11.10

Anthony Zielhorst (NL) Head Music, School for Talent, Royal Conservatory: *Grind between two millstones: how to balance specialist music education with regular academic education?*

11.15 – 11.25

Claire Cordeaux (GB) director BAPAM: *Developing standards and evidence based practice in performing arts medicine.*

11.30 – 11.40

Ruth Aoife (IE): *The highs are high and the lows are low: psychotherapists' and artist managers' experiences of supporting musicians' wellbeing*

11.45 – 11.55

Prof. Dr. Janine Stubbe (NL) MSc, PhD, Professor of Performing Arts Medicine (Lecturer Excellence and Wellbeing), Codarts, Rotterdam, coordinator of the PEARL-study: *Health monitoring in performing artists: Feasibility study of using the Performing Arts Health Monitor (PAHM) by students, teachers and health professionals*

12.00 – 13.00

lunch break, visit posters:

- 1 Anna Cygańska, Aleksandra Truszczyńska-Baszak, Paweł Tomaszewski: *Validation of Musculoskeletal Pain Intensity and Interference Questionnaire for professional orchestra Musicians for the polish population.*
- 2 Mariko Hattori, Mahmoud Elbashti, Yuka Sumita, Hisashi Taniguchi: *Dental Treatment of Frontal tooth Injury on a Saxophone Player*
- 3 Rianne Heezen: *Hearing health in ArtEZ Academy of Music*
- 4 Ang Tee Lim, Ivy Lim, Victor Tan: *Incidence of Musculoskeletal Pain among Students in an Asian Conservatory of Music*
- 5 Wendy Timmons: *title follows*

13.00 – 13.10

Nicolas Kolokythas (GB) PhD Student University Wolverhampton: *Strength and Power in adolescent ballet dancers*

13.15 – 13.25	Bjorn Fierens (BE) physiotherapist: <i>Evaluation of jumping height and motor control patterns during landing among young female pre-professional dancers</i>
13.30 – 13.40	A.M. (Anna) Williams (GB), MSc: <i>The prevalence of hypermobility and its relationship with self-reported injury in contemporary dance students</i>
13.45 – 13.55	Prof. dr. N. (Nathalie) Roussel (BE) PT, MSc, PhD, Rehabilitation, Antwerp University: <i>Altered motor control and low back pain in dancers</i>
14.00 – 14.10	<i>Artistic interlude</i>
14.15 – 14.25	K.H.(Kees Hein) Woldendorp (NL) MD, physical medicine and rehabilitation, Revalidatie Friesland, Beetsterzwaag: <i>Posture & Musicians; are common assumptions true?</i>
14.30 – 14.40	L.M.(Laura) Kok (NL) MD, PhD student, orthopedics: <i>The high prevalence of playing-related musculoskeletal complaints and its associated factors in amateur musicians playing in student orchestras: A cross-sectional study</i>
14.45 – 14.55	Dr.V.A.E.(Vera) Baadjou (NL) MD, PhD, rehabilitation: <i>Musculoskeletal complaints in musicians: epidemiology, phenomenology and prevention.</i>
15.00 – 15.30	<i>Theebreak, visit posters.</i>
15.30 – 15.40	Yi-Ling Kuo (USA): <i>Predictors of Bimanual Coordination Following Musical Training: Distinct Interhemispheric Communication</i>
15.45 – 15.55	Mark Pace (GB), Teaching Fellow - Dance Science & Education: <i>Exploring the Closeness, Investment and Attachment Styles of Adolescent Dancers to their former Dance Teacher</i>
16.00 – 16.10	Antonia H. Richter (DE), Department of Occupational Medicine, University Hospital, Otto-von-Guericke-University Magdeburg, Germany: <i>Physical and mental complaints and their correlation with the Singing Voice Handicap Index in professional singers</i>
16.15 – 16.25	Charlotte Mason-Apps , (USA), NYU Langone Medical Center, New York: <i>The Most Demanding Consumers of Voice Care': Understanding the Impact of Vocal Injury on Professional Performers</i>
16.30 – 16.40	<i>Artistic interlude</i>
16.45 – 16.55	Aikaterini Vardonikolaki (GR) MD, University Department of Otolaryngology, National & Kapodistrian University of Athens, Athens, Greece: <i>Is "Hidden hearing loss" prevalent in professionals exposed to music?</i>
17.00 – 17.10	Dr.ir.J.A.P.M.(Jan) de Laat (NL), MSc, PhD, audiologist Leiden University Medical Centre, Leiden, The Netherlands: <i>Musicians and Hearing Disorders</i>
17.15 – 17.25	Presenter to be announced: <i>Dance for Health</i>
17.30 – 17.40	Prof.dr.J.(Hans) Jeekel (NL), MD, PhD, surgeon: <i>Music as Medicine</i>
17.45	Closure

----- end symposium -----

Evening program 'Lourdeskerk' in Scheveningen.

18.15 hours Drinks and dinner buffet.

20:15 Dance performance, "*Last 7 Words*"



(world premiere March 10th 2018):

Choreography: Thom Stuart, The Dutch Don't Dance Division (DeDDDD).

Music: Joseph Haydn (1732 - 1809): "The Seven Last Words of Our Savior On the Cross", version for String Quartet On 51.

Dancers: The Dutch Junior Dance Division.

Musicians: Matangi String Quartet (live performance).



Information:

Accreditation has been requested for all doctors (ABAN), physiotherapists and other paramedics.
All participants receive a participant's certificate.

Registration (also NVDMG members must register):

Registration online on the website of the NVDMG: www.nvdmg.org Your registration is only final after receipt of payment (if applicable). You can cancel until March 15, 2018. If you cancel later, no refund will take place. It is important that every participant registers separately and fully for the symposium.

For problems or questions: info@nvdmg.org

Cost of scientific program:

- Non-members and guests: symposium participation (excluding evening program) is € 125 (ticket A)
- Presenters: symposium participation is free of charge (excluding evening program) (Ticket B)
- NVDMG members: symposium participation (excluding evening program) costs € 30 (Ticket C)
- Students: symposium participation (excluding evening program) costs € 50 (Ticket D)

Cost of evening program:

After the drinks, a buffet is served at the symposium location followed by a dance performance with live music.

- The evening program (dance performance, including drinks and buffet) costs € 60 (Ticket E)

!!Participants of the symposium can book more than one ticket for the full evening program.

- Separate tickets for the dance performance (without drinks and buffet) can be ordered via www.ddddd.nu

Registration at the venue:

Registration on the day itself at the venue is possible, but only for the scientific program. This costs € 50 for NVDMG members, non-members pay € 150 pp, (cash only)

Address Symposium location and evening program:

The 'Lourdeskerk' is located in the heart of Scheveningen next to the Circustheater: Berkenbosch Blokstraat 9a, 2586 HD The Hague. Scheveningen is easily accessible by public transport, the car and the bicycle. From the center of The Hague you are only 10 to 15 minutes away from Scheveningen by public transport. The church is quickly and easily accessible by tram lines 1 and 9 and bus lines 21, 22 and 23. In the immediate vicinity of the Lourdeskerk there are several parking garages: Parking Nieuwe Parklaan, Parking Kurhaus and Parking Scheveningen Bad. These are open 24 hours a day, seven days a week and are all within ten minutes walking distance of the church.

Disclaimer :

During NVDMG meetings audio and video recordings are made, which are used for NVDMG publications and the NVDMG website.

Contact and information: 088-9792076 or info@nvdmg.org

